



**Paralyzed Veterans
of America**

Vaughan Chapter

the Wheel

THE NEWSLETTER OF THE VAUGHAN CHAPTER PARALYZED VETERANS OF AMERICA

February 2017

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Message from Bill Lawson

Your Chapter Board of Directors has been very occupied with the operations of the Vaughan Chapter. There have been several successful programs hosted by the chapter for you, the membership. The Christmas party, for example, was well attended and enjoyed by everyone present. This party is held at the Hines VA. I hope, if you did not attend this past year, you will make plans to attend this special party this coming December.

The Board of Directors has also been holding meetings to discuss a number of programs that the chapter can host for your enjoyment and to provide a venue where members can socialize and interact with one another. One point under discussion is that in the past, events sponsored by the chapter do not include activities that can be shared by spouses or other family members. Consequently, during their strategic planning, the Board is looking to create entertainment programs that will be of interest to include the family unit.

We have come up with several events that we hope will peak your interest. The Board is considering putting on a poker tournament at the SCI Center at the Hines VA. It will take a bit of planning to organize but I believe the members of the Board are up to the task. Our initial objective will be to ensure that an event of this type can be hosted at the VA. There will be no gambling. The plan is to supply each contestant with an equal number of chips and whoever

ends up with all of them, is declared the Poker King or Queen.

Another activity which was suggested is that of a fishing tournament. We recognize that most chapter participants prefer to fish from the shore in the national bass

tournament hosted by the Vaughan Chapter. One of the Board members has connections with a motorcycle club who has expressed an interest to get involved with the chapter and assist in some of our events. This is great news as a bank fishing tournament at the chapter will require several able-bodied people.

Don't be surprised if you get an announcement of the chapter hosting a Sweetheart Banquet sometime in the future. We all know that without the support of our loved ones, we could not do all the things we would like to. So, in honor of them we are looking at a Sweetheart Banquet to say "thank you" to them for all they do for us.

The chapter board is looking at many other options that would increase membership participation. We welcome any suggestions regarding programs you believe would be beneficial for our membership. If you would prefer



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Paralyzed Veterans of America

Vaughan Chapter

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The Wheel is published four times a year by the Vaughan Chapter Paralyzed Veterans of America, 2235 Enterprise Drive, Suite 3501 Westchester, IL 60154 in the interest of Chapter members. Membership in Vaughan PVA entitles you to a free subscription to *the Wheel*. Postmaster: send changes of address to Vaughan PVA, 2235 Enterprise Drive, Suite 3501 Westchester, IL 60154

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VPVA Executive Director's Letter

By Maria Hernandez
Executive Director

Hello Vaughan PVA Members and Happy New Year 2017!

I will start informing you that as set forth in the Chapter Administrative Manual, Vaughan Chapter has mailed out the Annual Report FY 2016/2015 everyone who has a correct email on file should have received it by now, and for those that do not have an email address a hard copy was mailed out on January 30th. The Annual Report contains an update on each of the eight mandated programs the chapter is currently running.

Despite the lack of volunteers in each mandated program, we have done fairly well. We all know there is always room for improvement, and we need to do greater things in this chapter. As mentioned in the last newsletter in November; The Vaughan Chapter has been granted an extension by the National BOD until May 2018 to demonstrate determination and interest in bringing this chapter forward. This means we ALL need to work together as a team and make it happen. We need all of you to step forward and help the chapter with the different mandated programs. If members do not show their willingness to assist in the running of the Chapter, National will have no other alternative than to CLOSE VAUGHAN CHAPTER. Time is running out and before we know it the deadline for removing our Charter will be here. With the assistance and guidance of Mr. Bill Lawson; Immediate Past President who stepped up to assist the chapter in meeting the goals

and expectations of the Executive Committee, we need to follow his advice and keep our Chapter in good standing at the National level.

Vaughan Chapter needs to continue to meet our goals and accomplish everything we need to do in order to keep this chapter alive. It would be a team, staff, members, board of directors, and volunteers' effort.

Vaughan Chapter needs to continue to meet our goals and accomplish everything we need to do in order to keep this chapter alive.

It will be challenging, but I also know that it will be possible if we all do our best. I am confident that we can move forward with the help of the newly appointed Board of Directors and the new

Voluntary Service representatives and with everyone's participation, involvement, dedication, ideas, and time.

We have also circulated the Vaughan Chapter 2017 calendar of events along with the 2017 membership meetings' dates. As you can all see, we have a full calendar and hope to have more sports, outings, events added to the 2017 calendar for everyone's enjoyment and participation. We are planning a Poker Tournament in May. You will receive the invitation as we get closer to the date as well as an invite to a Sweetheart Concert in April. The extra events and outings are for you to interact with members and get to spend time with more people – tell them what PVA is all about and inspire new members to join and become active. That

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2017 VAUGHAN PVA MEMBERSHIP MEETINGS



**Paralyzed Veterans
of America**

Vaughan Chapter

We encourage you to attend our monthly membership meetings. **Don't miss out** on any of the benefits from the different service organizations that make presentations to us on various benefits they have available for you.

**Hines VA Hospital
Bldg #128 SCI Multipurpose Room
at 12:00 (noon) CST**

**If not able to attend in person
you may also join via conference call
by dialing in at 1 800-724-2485 passcode: 499779
(state your name when joining the meeting)**

WEDNESDAYS

**February 22, March 22, April 26,
May 24, June 28, July 26,
August 23, September 27, October 25**

**Any questions, please call
our office 800-727-2234**

Message from the Chief

By Michael S.A. Richardson MD FACP
Chief, Spinal Cord Injury/Disorders

Hello to all Chapter members and friends,

This new Chinese “Year of the Rooster” is said to be a year in which we will have to work hard,, do more, and pay more attention to safety and health. The year otherwise can be an unlucky year and we are warned to not get lazy and upset but to encourage ourselves, watch our steps, and just do our best. I find that these are useful warnings for us in addressing our health for 2017. At the Hines SCI System of Care our Mission continues to be clear and certain: To partner with the Veteran, their caregiver and family, in order to provide the optimal health care to enhance the quality of life and maintain as much independence of functioning as possible. I repeat our mission statement because in order to maintain the optimal health, quality of life and independence that it promises, we need to put in the daily work, dedication, and attention to healthy practices to make them happen.

The quality of life is definitely influenced by the daily happenings, but it is also true that quality is reflected in the effort we ourselves put into our living. Active participation in living – whether by fishing, boating, visiting friends and family, volunteering, or just chatting to neighbors – is a vital part of improving our quality of life. Active participation in living has been shown to improve pain, blood pressure, sleep, and mood among other things.

Active participation in living – whether by fishing, boating, visiting friends and family, volunteering, or just chatting to neighbors – is a vital part of improving our quality of life.

This first quarter of this fiscal year has seen our VHA fortunes remain relatively steady. However there remains still a great need for the education of Veterans in Illinois and surrounding States about the services available for spinal cord injured service persons. Hospitals, providers, family members and Veterans themselves woefully ignorant about the benefits and resources available for those with diagnosed Multiple Sclerosis or Amyotrophic Lateral Sclerosis (Lou Gehrig’s Disease – ALS), or spinal cord injury. We still receive notice of Veterans who have been injured or diagnosed for years, who have struggled to afford equipment, or medications; who have been unable to find a provider knowledgeable in pain management or bowel care, all the while not knowing that their service to their country and honorable discharge gives them access to expert knowledge and services through the VHA SCI/D system of Care.

I wish to acknowledge the officers and members of the Vaughan Chapter as over the past year they have increased in strength, activities, and visibility. The Chapter continues to be a wonderful resource and assistance to us providers of health care by being partners in caring, education, and information.

Helping to make the Chapter vibrant by attending meetings, participating in events, and contributing to activities is an important way of ensuring that the VHA through the PVA continues fulfill its Mission without interruption.

This message wouldn’t be complete however without writing about some strictly medical topic, and this month it is to encourage attention to immunizations & screening as preventive health. During the winter months the influenza vaccination and the pneumococcal vaccination is emphasized. During the rest of the year preventive measures such as zoster vaccination, diabetes and lipid screening, and annual examination for cardiac and kidney screening is recommended. For selected individuals there is also aneurysm and hepatitis screening along with HIV, mammogram and prostate screens where appropriate. Screening recommendations should be discussed with your primary provider, but just as importantly - they should be known by you. Quality health care can’t happen without a knowledgeable, involved Veteran. The Rooster is diligent, hard-working, and reliable. This is his year.



Service Officer's Report

by Mr. Winston Woodard III
Senior Veterans Health & Benefits Specialist PVA

VA Will Now Pay For Fertility Treatment For Wounded Veterans

Wounded veterans hoping to start families appeared to win a significant victory with a new law allowing coverage of fertility treatment through the Department of Veterans Affairs. Thousands of troops suffered traumatic wounds to their genitals and spines due to the widespread use of improvised explosive devices against U.S. forces in Iraq and Afghanistan, making it difficult or impossible for them to procreate. IVF involves collecting eggs from a woman's ovaries and fertilizing them with sperm in a laboratory.

A new medical benefits rule allows some veterans to receive in vitro fertilization reproductive help through the Department of Veterans Affairs. This benefit is long overdue, but this is only the first step. The inclusion of IVF in the medical benefits package is consistent with the Department of Veterans Affairs' goal to restore the capabilities of veterans and to improve the quality of veterans' lives. These veterans can start building families'.

About 1,400 troops suffered severe genital injuries during the past 15 years of war, and thousands more have spinal injuries that could preclude having children, according to Paralyzed Veterans of America. Treatment involving wounded men can average more than \$10,000 per pregnancy attempt, but the VA health care system

has been barred from covering the costly procedures since 1992.

The interim rule, published in the Federal Register, is the final step in a law change passed late last year to clear the way for veterans who sustained reproductive injuries to receive the expensive fertility help through the VA.

In the past, those with reproductive injuries had access to the procedure, known as IVF, through the Defense Department while they were still on active duty. But the VA was prohibited by a 1980s-era law from offering the treatment. That law meant that former service members and their spouses could no longer receive help once they left the DoD and entered the VA system. The change brings the VA into line with the coverage offered by the DoD, the rule says. Under it, veterans who have sustained injuries that leave them unable to have children can receive assisted reproductive technologies help, including IVF treatment, it states. The rule extends these services to the eligible veteran spouse.

According to the rule, the benefit expansion impacts only those who are experiencing infertility as a result of a service-connected disability. That means the treatment is not open to veterans who qualify for general

health care through income or their disability rating, but do not have a service-connected reproductive injury.

"Veterans who will receive this benefit are those with a service-connected

Veterans who will receive this benefit are those with a service-connected disability that results in the inability of the veteran to procreate without the use of fertility treatment.

disability that results in the inability of the veteran to procreate without the use of fertility treatment," the rule says.

The VA does give other fertility help to those who qualify for care but don't necessarily have service-connected reproductive injuries. Those treatments include infertility counseling, blood testing, vasectomy and tubal ligation reversals and medications and equipment, these services and be extended to the veteran spouse.

Paralyzed Veterans of America is pleased the Department of Veterans Affairs will now offer reproductive treatments similar to what active-duty service members already receive. According to the VHA Handbook 1176.01 Spinal Cord Injury and Disorder (SCI/D) System of Care policy

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Sports & Recreation

by Robert Arciola, Sports Director

This year again offers expanded opportunities for your involvement. When we mention involvement it's meant to mean getting active and taking over the entire program and events. This is a chapter membership program and it needs your input, thoughts, effort, mind, hands traveling, typing, calling, fundraising, meeting, note taking, intellect, talent, eyes, hands, ears and abilities. You have assets we need now.

With that clearly stated, the question is if you want your chapter to exist beyond May 2018, are YOU willing to learn, volunteer and take on SOME RESPONSIBILITY to KEEP IT??? If not, it won't be here and I almost guarantee you that because that's the end of time to get it in gear. This is a clear message not only for Sports and Recreation, but in Advocacy and Legislation, Fundraising, and Hospital Liaison programs. Not sure where to begin? Call us at the office and we'll get you started. Oh, can't drive? We reimburse your mileage and travel expense. Oh, can't type? We have staff that can assist. Oh, don't know how to do things? We train. Don't know what you like to do? We get you into position and let you change if you don't like what you started with and we won't stop till you're happy and stay where you like it. Don't know what to say to people? We can provide you some advice.

Now that's off the chest, it's clearly our mission to get your attention to notify

you that OUR chapter is on a VERY DISTINCT timeline to get you active and taking back the OWNERSHIP and DIRECTION of this organization. Knowing that an organization is a body composed of many parts some being vital and essential to living and survival, you are too invaluable of an asset to it. Governance is critical and the organization needs its components to be FUNCTIONING TOGETHER.

We are beginning to make contact with members to see how we can better serve them each month, so be expecting a phone call. We also want to know if you can make it to some new events we plan on such as a poker or bingo game with a caregiver or spouse. We want to also reach out to underserved areas to develop interest in them and assist them with the same events. We'll be contacting various organizations, nonprofits and EMS providers to invite them to our events and fundraise with us. We need you to help though...we few people on the board will not do everything alone nor should we ever.

Lastly, I took it upon myself to learn the new process of registration for the NVWGs. The process is requiring participants and coaches to register online. It means you have to get an email, compose a username and password, download files and print them out and mail them to a location

they indicate in Stage 1 BEFORE you proceed completing the registration process. The process is very clear and easy with a checklist to follow. Please contact Hines VAH Recreation for assistance or our sports director for additional questions. The website to register is www.wheelchairgames.org.

Chapter funding policies have changed for 2017! You are required to volunteer a minimal ten hours for an event you want funded whether full funding or not. Check with staff for more information.

The chapter has decided for members to take part on the Hines VAH Windy City Rollerz team and guidelines for attending the games. If you don't know the details about that, you need to speak with Recreation or contact the sports and recreation director now.

Staff emailed and posted a fairly detailed list of meetings and calendar of events for 2017. Additional details will emerge as we learn dates set for them and we always update it so be sure to catch updates.

This past month I assembled bids to PVA to host a PVA trapshoot, PVA bass tournament PVA bowling tournament, and a PVA bocchia ball tournament. If we win bids for each event, this represents an increase of two more national PVA events for 2018!

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www.vaughanpva.org



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Paralyzed Veterans
of America



VA

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of Veterans Affairs



WheelchairGames



#NVWG

This year, the 37th NVWG registration will be going on-line beginning January 1, 2017! Please go to the games website www.wheelchairgames.org to register; NOTE that the deadline for registration is April 15, 2017. A limit of 550 entries has been established for this year's NVWG.

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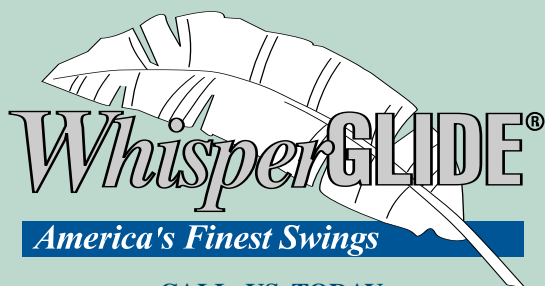


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— Michael E Crawford, Ph.D, Director, Recreational Therapy,
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— Joan Stevens, QMRP, Quest, Inc., Tampa, FL



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Service Officer

continued from page 5

mandates Sexuality and Fertility Counseling for both male and female Veteran with SCI/D must be offered the opportunity by means of a formal urological and psychological consultation.

Veterans who want to access the services and treatment and already have their reproductive injury documented should call their local SCI/D or VHA to schedule an appointment/annual evaluations with providers. Those with injuries not already noted as service-connected can contact your local PVA National Service Office for assistance and review of benefits.

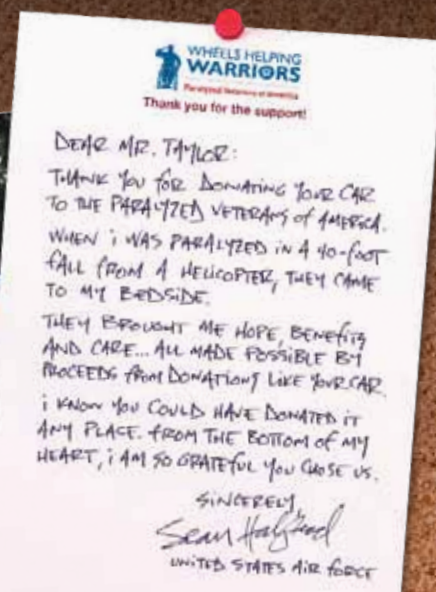
Vaughan Chapter PVA, Government Relations Report

Monthly Report January 2017

I have yet to arrange a meeting with the other board members to set down with them and discuss the upcoming seminar. We received material related to the event this past week and are ready to send information on issue papers and start booking appointments early. Our issue is the staff in DC do not have any clue as to their scheduled agenda till a week or two in advance, so booking appointments is difficult for them. We will do what we can and submit them as soon as possible. I am unsure if each board member can make it and would like permission to send another chapter member should any board member not be able attend for any justified reason.

I was unable to attend the CVA meeting held January 7th, but will make sure to attend the February meeting. I haven't heard from Robert Statam regarding the Veterans Assistance Commission meeting at Jesse Brown VAMC, but will attempt to find out if he's attending them and what's happening if he can. If he don't attend, I will start attending them myself. It may be they didn't have a meeting due to the holidays.

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(Fiscal year 10/1/2016 to 9/30/2017).

Bill Lawson

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to present your suggestions in person, a meeting of the chapter Board of Directors would be the perfect time to do this. Simply give the chapter office a call at 800-727-2234 and let them know what you would be interested in attending. Remember this is "your" chapter and "your" Board of Directors so let your voice be heard. I look forward to my next article and know I will be bringing more good news of what your chapter is creating for you.

Thank you,

Bill Lawson; National Immediate Past President



Vaughan Members; earn Volunteer hours in the following areas of opportunities.

- Attend a membership meeting (beginning to end)
1- volunteer hour , (No mileage reimbursement)
- Chapter representation at, Access Chicago, ADA Celebration, and Memorial Day Parade, Valor Games outreach booth.
- Volunteer at the PVA Chapter Office (when needed).
- Awareness month
- Represent the chapter at community functions
- Serve on a local committee, VFW, American Legion, City, County, and State.
- Represent the chapter at an activity (pre-approved)
- Volunteer to work at a chapter event six hours or more (non-participant)
- Sign up a voting member (1 credit hour)
- Sell candy (3 credit hours of the selling of one box)
- Serve on a local event committee
- Write an article for the newsletter (1 credit hour)
- Serve on a chapter committee
- Anything else you might have on mind,

Please check with;
Maria Hernandez or
Sports Director, Robert Arciola.
708-947-9790.



Sports & Rec

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We have plenty of bowlers and bocchia ball players, so it ought to be exciting to get you involved and be competitive in national events! If you have questions, please let me know.

Also, as indicated in October's report, bowling practices are being conducted at Hillside Bowl in Hillside, IL, which is a just few miles away starting at 12 noon on Friday's. We have arranged our bus to pick up members and each member is responsible to obtain their own volunteer to assist them with attaching the ramps and bowling ball. Limited equipment is available at the chapter office on a sign-out basis. The VA may authorize you an adaptive ramp at their cost if you request one and prove that you are a competitive bowler rather than a leisure bowler. A few members were successful in their request.

Staff has prepared the annual Paul Kolb Memorial Dinner slated for March 18th at Alpine banquets just a few miles west of Hines VAH. This year no corned beef and cabbage!

Executive Director's Report

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goes for Associate Members as well as veteran members. If we get good participation and great turnouts we may be able to plan bigger events in the future. If you have any ideas or want to do different events we would like to hear about them, please contact us and let us know. Remember, this is YOUR Chapter....don't let it evaporate.

The next major event is the Winter Sports Clinic in Snowmass CO, March 26-April 1st.

Following the dinner mentioned above, the next chapter Sports and Recreation event held is the Vaughan Trapshoot April 21-23, 2017 at Edwardsville Gun Club near St. Louis. This is a competitive event and we need shooters from our chapter to participate!

Chapter funding policies have changed for 2017! You are required to volunteer a minimal ten hours for an event you want funded whether full funding or not. Check with staff for more information.

Our sports team meetings are scheduled one hour before each Membership Meeting at the Multipurpose Room in Hines VAH SCI. If there's a conflict or no members can make it, a meeting may be cancelled or rescheduled. The meetings are generally at 11 AM. We also conduct teleconference calls for those too far away. Call the chapter and let Maria know that you wish to be a part of the team and she'll notify me and provide you the number, if needed. Chapter members are welcome to join us providing you wish to be an active participant willing to take on a role and assist us.

**PLEASE LISTEN
AND FOLLOW WHAT WAS POINTED
OUT IN THE FIRST THREE PARAGRAPHS OF THIS REPORT!**

COOK COUNTY MILITARY & VETERANS DISCOUNT PROGRAM

Dear Cook County Veterans;

The Cook County Military and Veterans Discount Program is a public and private-sector partnership to honor those who serve and have served. It is jointly administered by the Office of the Cook County Recorder of Deeds and the County Department of Veterans Affairs.

This is a network of businesses and merchants who offer money-saving discounts and incentives to veterans and active-duty military, as a way of showing our gratitude. Those who wish to take advantage of this program can visit CCRD's Veterans Service Office at 118 N. Clark, Room 120, and upon proof of service, receive a Discount/ID Card.

We hope this program will be a "win-win" – both a way to help save money for military families and a way to support businesses that support military families.

If you would like more information, please call (312) 603-5788 or email Brian.Cross@CookCountyIL.gov.

**Thank you to all who serve,
and to those who serve them.**

Vaughan Chapter, PVA Funding Sponsorship Policy

Policy effective 10/1/2016 to 9/30/2017

A member can request up to three (3) funding requests in a Fiscal Year. The member may be considered if they volunteered with the Chapter and have a recorded minimum of ten (10) hours for *each* of their funding requests.

- 1. Members First Time (Novice) participants attending the National Veterans Wheelchair Games (NVWG) require no volunteer hours and will be funded 100% with a maximum funding of \$3000.**
- 2. Members (non-Novice) 1st request with ten (10) hours of documented chapter volunteer hours may be funded at 100% with a maximum funding of \$3000 for the entire Fiscal Year.**
- 3. Members 2nd request with documented minimum of 10 hours volunteerism @ 50%**
- 4. Members 3rd request with documented minimum 10 hours volunteerism @ 50%.**

Requests submitted by members using this system, is based on volunteer hours submitted on a monthly basis. If a member has a request and doesn't have the minimum 10-hours recorded, the member's sponsorship request will not be considered.

The submission of volunteer hours is a practical solution to helping both the chapter prove it's accomplishing things; that more members are involved in program operations; that members are again taking responsibility for the governance and accomplishing its program and chapter overall mission. Additionally, progress in having a point system involving volunteerism is a great means to ensure the member is treated in all fairness as other members. While it creates more effort to document the members' volunteerism and activities, it's even more critical that progress is documented in achievement through being an active chapter member. This is a great way to do both to help satisfy the National BOD to ensure we are accomplishing what they wish to see from us.

Volunteer Activity Forms are available at the office as well as Volunteer Time Sheets for members to submit no later than the 10th of each month. Your funding sponsorship requests may be sent to the office via email, fax or by regular mail.

Email: vpva@vaughanpva.org,
 FAX to (708) 947-9755
 Address: Vaughan PVA
 2235 Enterprise Drive – Suite 3501
 Westchester, IL 60154.

Requests should be received in our chapter office by the 5th of each month or will not be documented for consideration of the Board.

MANAGING YOUR PERSISTENT FEARS, ANXIETIES, AND STRESSES

By: Stanley Popovich

Everybody deals with anxiety and depression; however some people have a difficult time in managing it. As a result, here is a brief list of techniques that a person can use to help manage their most persistent fears and every day anxieties.

When facing a current or upcoming task that overwhelms you with a lot of anxiety, the first thing you can do is to divide the task into a series of smaller steps. Completing these smaller tasks one at a time will make the stress more manageable and increases your chances of success.

Sometimes we get stressed out when everything happens all at once. When this happens, a person should take a deep breath and try to find something to do for a few minutes to get their mind off of the problem. A person could get some fresh air, listen to some music, or do an activity that will give them a fresh perspective on things.

Another technique that is very helpful is to have a small notebook of positive statements that makes you feel good. Whenever you come across an affirmation that makes you feel good, write it down in a small notebook that you can carry around with you in your pocket. Whenever you feel depressed or frustrated, open up your small notebook and read those statements. This will help to manage your negative thinking. Take advantage of the help that is available around you. If possible, talk to a professional who can help you manage your depression and anxieties. They will be able to provide you with additional advice and insights on how to deal with your current problem. By talking to a professional, a person will be helping themselves in the long run because they will become better able to deal with their problems in the future. Remember that it never hurts to ask for help.

BIOGRAPHY:

Stan Popovich is the author of "A Layman's Guide to Managing Fear Using Psychology, Christianity and Non Resistant Methods". Stan's managing fear book has become very popular with over 300 positive book reviews and counting. Please read the many book reviews of Stan's popular book by going to Stan's website at <http://www.managingfear.com/>



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VPVA Christmas Luncheon

Our annual chapter Christmas Luncheon was held on Wednesday; December 21st, 2016 in the auditorium at Hines VA Hospital and was a total success!!!

Thanks to all the volunteers who assisted in the various tasks. Special thanks to the AAPMR group who continues to help us. This is their fourth year in assisting us and they never let us down. They are the true meaning of volunteerism. Thanks also to Bob Sove and his band; David Reyes as Santa Claus and Donna Lambert, who has generously donated goody bags to our veterans for the last four years. Another volunteer who we thank is the professional photographer Michele Major, for taking pictures of this event. The University of Illinois Extension located in our chapter office complex, Westchester IL also donated goody bags to our members in attendance. This was the first time they have volunteered and we thank them. Furthermore; UROPart-

ners for the first time had a toy drive for our veterans in attendance, which meant that all the veterans were able to choose a few nice toys for their loved ones. FOR THE FIRST TIME, we had a wonderful Ukulele group performing and singing Christmas carols during the luncheon.



Maria Hernandez & Volunteers

The Auditorium was full and many members attended. Hospital Director Dr. Steven Braverman and our Chief SCI Dr. Michael Richardson were also in attendance. They mingled and spoke to all of the members. We had 13 prizes that we raffled up along with four \$25 gift cards and the grand prize of a 32" Smart T.V.. Members who personally attended the luncheon also

received a \$10 cash gift.

For those who attended thank you and for those who could not we hope to see next December.

Thank you, Maria Hernandez



Donna Lambert and Daughter



(URO Partners) Christopher Setzler, Chief Operating Officer and Staff



Tom Stautzenbach, AAPM & R.E.D. & Chief Executive Office and Staff.



Joe Cruz & Santa



Lawrence Jenkins & Santa



Daniel James & Santa



**Paralyzed Veterans
of America**
Sports & Recreation

SCHEDULE OF EVENTS

For more information, contact:
Paralyzed Veterans Sports at
800.424.8200 or pva.org/sports

PARALYZED VETERANS NATIONAL SHOOTING SPORTS CIRCUIT

WISCONSIN

July 29–31, 2016
Rifle & Pistol Shoot
July 29, 2016
Green Bay, WI

NORTHWEST

August 5–7, 2016
Summer, WA

OREGON

August 19–21, 2016
Hillsboro, OR

NORTH CENTRAL

Sept. 9–11, 2016
Sioux Falls, SD

KEYSTONE

Sept. 23–25, 2016
Clairton, PA

MID-ATLANTIC

October 7–9, 2016
Richmond, VA

ARIZONA

October 28–30, 2016
Tucson, AZ

NEVADA

March 17–19, 2017
Las Vegas, NV
Pistol Shoot
March 17, 2017
Las Vegas, NV

CAL-DIEGO

March 24–26, 2017
Rifle & Pistol Shoot
March 24, 2017
Lytle Creek, CA

VAUGHAN

April 21–23, 2017
Edwardsville, IL

MINNESOTA

April 28–30, 2017
Minneapolis, MN

COLONIAL

June 2–4, 2017
Baltimore, MD

YEAR-END

June 16–18, 2017
Cedar Rapids, IA

BOCCIA TOURNAMENTS

NEVADA

January 27–28, 2017
Las Vegas, NV

PUERTO RICO

March 18–19, 2017
TBD

NEW ENGLAND *

April 7–9, 2017
Brockton, MA

CALIFORNIA/ CAL-DIEGO

May 11–12, 2017
San Diego, CA

MID-ATLANTIC

June 24–25, 2017
Richmond, VA

GATEWAY (YEAR-END)

August 17–20, 2017
St. Louis, MO

*New England will hold a combined Air Rifle/
Pistol and Bocchia Tournament.

ANNUAL AIR RIFLE & PISTOL PROGRAM

WISCONSIN

August 18–20, 2016
Milwaukee, WI

ARIZONA

August 27–28, 2016
Phoenix, AZ

CAMP PENDLETON

Sept. 8–9, 2016
Camp Pendleton, CA

CAL-DIEGO

January 30–31, 2017
San Diego, CA

MID-ATLANTIC

March 22–23, 2017
Richmond, VA

NEW ENGLAND

April 7–9, 2017
Brockton, MA

BUCKEYE

April 28–29, 2017
Geneva, OH

**PARALYZED
VETERANS
NATIONAL
TOURNAMENT**
TBD

PARALYZED VETERANS HANDCYCLING

TOP END EURO- AMERICAN HC CHAMPIONSHIPS

Feb. 3–4, 2017
Clermont, FL

VALLEY OF THE SUN

Feb. 11–12, 2017
Phoenix, AZ

ONE CITY MARATHON

March 12, 2017
Newport News, VA

PARALYZED VETERANS BASS TOUR

MID-AMERICA

Sept. 23–25, 2016
Eufaula, OK

SOUTHEASTERN

October 14–16, 2016
Evans, GA

VAUGHAN

October 28–30, 2016
Mt. Vernon, IL

FL. GULF COAST

March 31–
April 2, 2017
Kissimmee, FL

KENTUCKY- INDIANA

May 5–7, 2017
Gilbertsville, KY

NORTH CENTRAL*

May 25–26, 2017
Chamberlain, SD

NATIONAL

June 2–4, 2017
LaPlata, MD

NEVADA*

June 3, 2017
Las Vegas, NV

MID-ATLANTIC

June 9–11, 2017
Richmond, VA

* A non-sanctioned event

ANNUAL PVA/NWPA BILLIARDS TOURNAMENT SERIES

MID-ATLANTIC

Sept. 16–18, 2016
Virginia Beach, VA

MID-SOUTH

October 14–15, 2016
Memphis, TN

MID-ATLANTIC

March 17–19, 2017
Midlothian, VA

MID-AMERICA

April 7–9, 2017
Oklahoma City, OK

MOUNTAIN STATES

April 21–23, 2017
Fountain, CO

BUCKEYE*

June 16–17, 2017
Independence, OH

KENTUCKY- INDIANA*

TBD

* A non-sanctioned event

ANNUAL PVA/AWBA BOWLING TOURNAMENT SERIES

MOUNTAIN STATES

August 18–21, 2016
Colorado Springs, CO

MID-ATLANTIC

Sept. 23–25, 2016
Richmond, VA

NEVADA

December 1–4, 2016
Las Vegas, NV

FLORIDA

GULF COAST
Feb. 24–26, 2017
Oldsmar, FL

MID-AMERICA

March 16–19, 2017
Shawnee, OK

KENTUCKY- INDIANA*

TBD

* A non-sanctioned event

37TH NATIONAL VETERANS WHEELCHAIR GAMES



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**Paralyzed Veterans
of America**

Vaughan Chapter

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Join Us!!!

Upcoming VPVA 2017 Calendar of Events

11th Paul Kolb Memorial Dinner (family style dinner) Alpine Banquet Hall 6pm cocktails, Dinner 7pm	March 18th
31st National Disabled Veterans Winter Sports Clinic Snowmass Village, CO www.wintersportsclinic.org	March 26 – April 1
Vaughan/National PVA Trap shoot Tournament - Edwardsville, IL	April 21-23
37th Hines VAH Local Wheelchair Games - www.wheelchairgames.org	April 22
Sweetheart Concert/Dance, Hines VA Auditorium Building #9	April 29
31st National Veterans Golden Age Games, Biloxi, Mississippi Contact info: National Director, Carla J Carmichael (202) 461-0429	May 7 - 11
16th Annual Castaway Disabilities Fishing Event Iowa City VA Medical Center (319) 358-5962	May 7 - 13
Poker Tournament (no gambling) Hines VA SCI Building #128	May 20
Chicago Memorial Day Parade	May 27

vpva@vaughanpva.org