

MAY 2023

Vaughan Chapter

THE WHEEL

HELLO VAUGHAN CHAPTER P.V.A MEMBERS, ASSOCIATES, AND VOLUNTEERS

As we start the Spring season and move towards a beautiful summer full of sports events and outings that have been prepared for you this year, we highly encourage you to participate in all of them as much as you can and enjoy a ride in the brand-new Chapter Bus that is grant supported by Craig H. Neilsen Foundation. You can find all the upcoming events under the calendar and register to participate at the new Vaughan website launched last month. I encourage you to visit the new website where Keith Cooper, sports director, and the University of Wisconsin-whitewater marketing department worked hard to accomplish the project. Please visit www.vaughanpva.org website and navigate to find everything you need. Vaughan Chapter opens the door for you to let us know any ideas of recreational events that you would like the Chapter to have.

One crucial piece of information for you is to participate in the Townhall Meeting that The Medical Services staff of the National Office of Paralyzed Veterans of America from the Washington,

D.C. office will be conducting for the Annual Site Visit at

the Edward Hines Jr. VA Hospital SCI/D Center and the Hines Residential Care Facility Unit from May 23-25, 2023.

The Site Team would like to offer the opportunity to the membership of Vaughan P.V.A. to present any issues you might have regarding the care and anything else related to the S.C.I. Units in Building #128 and the SCI RCF Unit Building #221.

A Townhall Meeting has been scheduled for Friday, May 19, 2023, at noon C.S.T. via Zoom to address your questions, issues, or compliments to the National P.V.A. Medical Service staff. Vaughan has sent the link to participate to everyone via email. If you have not received it, please call our chapter office at 708-947-9790, and we will gladly resend it to you. You may also send your questions, issues, or compliments to the chapter email address vpva@vaughanpva.org, and we will forward them to the Medical Services staff on your behalf.

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Vaughan PVA Members Call Us on your Birthday for a FREE Gift to You on behalf of Vaughan Chapter PVA. (800) 727-2234

2023 Bi-Monthly Membership Meetings

We continue not to access the Multi-Purpose Room at the Hines VA Hospital Spinal Cord Injury Building #128 for our bimonthly in-person membership meetings. We will continue conducting the membership meetings via Zoom until further notice. Members who have an email address will continue to receive the link to join the meetings.

For those members that do not have email and do not have access to a computer, you can still join the meetings via call by calling this number 312-626-6799; with meeting ID: 553 748 9623 and Passcode: 733870.

Suppose Vaughan Chapter gets the approval to use the Hines VA Hospital, building #128, S.C.I. Multipurpose Room, to conduct in person Membership Meetings, then we should resume the meetings as scheduled below and notify you soon as possible of the change. All meetings will be in the Multipurpose Room at noon, with FREE lunch.

Zoom meeting

Meeting ID: 553 748 9623

Passcode: 733870

Wednesday, July 26 Wednesday, September 27 Wednesday, November 22

Chapter Officers

Anthony Powell, Acting President Vice President, Vacant Dennis Scanlan, Secretary Gerald Brown, Treasurer

Chapter Board of Directors

Cheryl Gerdes, Daniel James, Leo Moore, Susan Dochterman

National Chapter Liaison
Hack Albertson
Hospital Coordinator
Dennis Scanlan
Sports Director
Keith Cooper

National Director
Gerald Brown
Fundraising Director
Keith Cooper
Communications
Ryan Dalton

Service Officers

Winston Woodard, III Hines VA Hospital 708-202-5623 Robert Statam Chicago Office 312-980-4278

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The Wheel is published four times a year by the Vaughan Chapter Paralyzed Veterans of America, 2235 Enterprise Drive, Suite 3501 Westchester, IL 60154 in the interest of Chapter members. Membership in Vaughan PVA entitles you to a free subscription to the Wheel. Postmaster: send changes of address to Vaughan PVA, 2235 Enterprise Drive, Suite 3501 Westchester, IL 60154

EXECUTIVE DIRECTOR'S REPORT

Cover Story
Continued from page 1

Vaughan's Bi-monthly Membership meetings will continue via Zoom until further notice; we hope to conduct in-person membership meetings very soon; we will notify you as soon as we have permission to do so. The link and passcode for the Zoom meeting will be sent to you by email ahead of time for you to join us via Zoom.

If you cannot log in, you may join us by calling 312-626-6799 and entering your credentials to join the meeting—ID: 553 748 9623 Passcode: 733870.

As always, we encourage our members to call our office and ensure your contact information is accurate to receive all the Vaughan chapter's benefits and valuable information we provide. You will miss what Vaughan has for you. Please let us know your correct contact information as soon as possible. Mark your calendar for the upcoming and exciting events Bowling Tournament on May 5-7th, Memorial Day Parade Saturday, May 27, and a One-day fishing derby at Busse Woods on Saturday, June 10. Please check your emails and mail correspondence, as we sent our invitations 30 days before. Also, please follow us on Facebook to receive notifications of activities at

https://www.facebook.com/VAUGHANCHAPTERPVA

Thank you, Maria Hernandez.





It's time to spring into fitness! We have plenty of fitness, health, and wellness opportunities offered by National PVA for you to immerse yourself in throughout the next several weeks, and we would love to see you at our classes. Classes start Monday, April 17, 2023.

- 1. Shoulder Strengthening with Jerod: Mondays at 12:25 PM EST
- 2. Yoga with Corynne: Tuesdays at noon EST
- 3. Boxing with Pierre: Tuesdays at 1:30 PM EST
- 4. Women's Health and Wellness Coaching with Dr. Audrey Lee (Through 4/19/23): Wednesdays at noon EST
- 5. Women's Mobility with Dr. Audrey Lee (Starting 4/26/23): Wednesdays at noon EST
- 6. Strength Training with Regina: Thursdays at noon EST

On-demand classes are also available.

Click <u>here</u> to register now.



PRESIDENT'S REPORT

To my fellow veterans,

The Vaughan Chapter just received a new bus partially grant funded by the Craig H. Neilsen Foundation (CNF). CNF is committed to a world where individuals with spinal cord injuries, and those who care for them, live whole and productive lives as active participants in their communities. In addition, Vaughan is dedicated to removing the transportation barrier for wheelchair users. Vaughan Chapter is looking for hourly CDL drivers; please inquire at keithc@vaughanpva.org.

Soon this year, we will assemble a memorial wall for our spinal cord-injured Veterans who dedicated their lives to our country. I will provide more details as they become available. I have tasked our Sports Director, Keith Cooper, to organize a RUN, WALK, WHEEL event benefit on the Hines VA campus. The RUN, WALK, WHEEL event will allow all individuals to push a wheelchair one mile. I'll follow up with more information as we plan this event.

Building 128 will now be open to patients with appointments. Boccia ball will soon be taught in building 128 in the day room in the upcoming months. Hopefully, (RCF) Resident Care Facility will open quickly, and the Veterans can travel on many outings with us. I hope everyone has a beautiful summer and a great year!

Sincerely,
Anthony Powell -President
Vaughan Chapter, Paralyzed Veterans of America



Anthony Powell attending 2022 Rend Lake, Bass Fishing
Tournament



Notice to Vaughan Chapter members.

Vaughan Chapter members must please call our office at 708-947- 9790 or send us an email message to vpva@vaughanpva.org with your current mailing address and phone numbers and email address to receive all the Vaughan chapter's benefits and valuable information we provide.

If we contact you and your phone is disconnected, and you do not have an email address where you can receive the communications, you will miss what Vaughan has to offer for you. Please let us know your accurate contact information as soon as possible

SPORTS AND RECREATION

Vaughan PVA hosted its fourth wheelchair bowling tournament May 4th -7th at the Bowlero in Romeoville IL. This year's tournament hosted Twenty-two wheelchair bowlers, 14 of whom are Veterans from across the country. Vaughan welcomed two new bowlers Kyle Kennon and Steven Harris to the Vaughan tournament. Kyle Kennon, a dynamic ramp bowler was paired with the Sadelski family to win the up-and-down competition. Congratulations to all our bowlers. Please check out the Vaughan Webpage for results and our Flickr page for images from this year's tournament. If you want to try a dynamic ramp, please contact me @ KeithC@VaughanPVA.org.



Vaughan Chapter is excited to host a trap shoot on May 26th-28th At the St. Charles Sportsmen Club in Elburn IL. A total of 300 targets will be shot in Singles, Handicap, and Doubles. Please check out the Vaughan website for registration information. This year we are allowing PVA Members and Associate Members to compete through a Postal Match format. Postal Matches have been around for years and allow people to compete in matches from their home range. There will be an amendment to the rules with additional information for those participating using this format. Postal Match Registration: \$50. Please feel free to reach out if you have any questions: John Arbino, PVA National Adaptive Sports Program Manager. JohnAr@pva.org

On June 10th Vaughan Chapter will have a one-day fishing derby at Busse Woods, near Elk Grove Village, IL. No Limits Fishing organization will be helping the participants with equipment and adaptive fishing know-how. The 3,558-acre Ned Brown Preserve—popularly known as Busse Woods—is one of the largest and most diverse locations within Illinois Forest Preserves. The site includes ancient upland forests, one of the largest fishing and boating waters in Cook County, nearly 13 miles of paved trail, an elk pasture, and much more—making it one of the best-used natural areas in Illinois.

USA Curling hosted a Paralympic curling athlete identification camp in Denver on April 29–May 2. This all-inclusive camp is geared toward Paralympians or high-performance athletes that have competed in other sports as a means to introduce them to wheelchair curling and get them integrated into the USA pipeline. Will Smith Vaughan Chapter associate member and Army Veteran Roosevelt Anderson attended the camp after the completion of the Vaughan PVA chapter's first season of wheelchair curling. If you would like to get involved with wheelchair curling, please contact me ,KeithC@VaughanPVA.org. Vaughan Chapter is planning on hosting a curling practice and season wrap-up in June more details to follow.



Trap Shoot

PICK UP STICKS BONSPIEL











Pictures Captured from Vaughan PVA Pickup Sticks Bonspiel Event, at Windy City Curling

EVENT PHOTOS















4th Annual Vaughan Bowling Tournament and Up & Down Fundraiser, Busse Woods Fishing Derby and Trap Shooting



Join Us For The Following Events

Trap Shooting

St. Charles Sportsmen Club May 26th -28th, 2023

The St. Charles Sportsmen Club is excited to have us back and looks forward to growing the field of participants. The club has even added a sidewalk allowing a third house by wheelchair. The accessible access allows Vaughan participants to access three trap houses for a very efficiently run event.

Fishing Derby

Busse Woods, Elk Grove Village

On June 10th Vaughan Chapter will have a one-day fishing derby at Busse Woods, near Elk Grove Village, IL. No limits fishing organization will be helping the participants with equipment and adaptive fishing know-how.

Bass Fishing

Rend Lake Oct 7th - 9th, 2023

The Sesser, IL, community is excited to have us back in their welcoming community. The VFW, Mayor's office, and local volunteer organizations were highly visible and engaged in the Vaughan Bass Tournament. We look forward to more participants getting out in the bass boats this year and reeling in that BIG BASS!





Vaughan In Action

MS Committee Chair

I served in the Army a lifetime ago, and gratefully attribute my career success to that humbling start as an E1. I earned an AA at Midland Technical College in Columbia, SC, when I got out and a BS in an accelerated program years later at John Brown University while working full-time. I have had a broad career that spans from administration to supply chain.

I am most proud of raising my awesome kids, who convinced me to move near them here in Chicagoland when I retired from my last position as a buyer in Orlando. My Veteran colleagues in Florida urged me to pursue benefits at the VA. I met a service officer who explained that a Multiple Sclerosis diagnoses makes me eligible for membership in Paralyzed Veterans of America. He then encouraged me to attend a golf tournament, where I met several volunteers and members of the Central FL PVA. Once I relocated to Chicagoland and transferred my membership, our former chapter President Josue Cordova reached out to introduce himself and to see how Vaughan could help me. This social network has shown me how much we all have in common and are not alone. Pure and blessed, my friends. Please do not hesitate to ask for help.



Susan L. Dochterman, MS Committee Chair

I was recently asked to join the board and am having a great time getting to know everyone. There are many opportunities to get involved with our chapter. I am currently participating in Boccia, and it is FUN!

National Vice-President

Being a Vaughan, Chapter member, I am absolutely honored to be reelected for a third term as one of the National Vice-Presidents of the Paralyzed Veterans of America. For me, serving on the Vaughan chapter board of directors, and a short time later, serving as chapter president gives me the privilege to serve our Vaughn chapter members as well as our SCI/D community.

Please see my bio: https://vaughanpva.org/officer-bios/

Now, serving as a National Vice-President, I have the honor to be a liaison to nine of our 33 chapters, to chair our planned gifts committee, and work hard with PVA to do my part to help amend the Air Carrier Act to make accessible travel available for everyone.

PVA's positions on the ACA can be found: https://pva.org/research-resources/disability-rights-advocacy/air-carrier-access-act/



Josue Cordova, PVA National Vice-President

Ladies of Vaughan Committee Chair

Hello Vaughan Chapter Members,

I'm glad to be given this opportunity to introduce myself as I am a newly elected member of the Vaughan Chapter PVA Board. I was commissioned into the Army from Howard University's ROTC Program. I was an officer in the Army from 1989 to 1996 and during that time served our country in Germany, the States and Korea as well as a deployment to Desert Storm.

I have two adult daughters, one in law school and one is a Biology major in her final year of undergraduate studies. While my girls are no longer living at home, I do live with my dog and my cat. I recently retired from the VA as a Contract Specialist.

I've been a member of PVA for seven years now and have been so blessed. I have received help, guidance, turkeys, money, invaluable information, friendship and a sense of belonging with our organization. I wish to give back and look forward to doing all that I can to make our organization as great as it can be and as important and empowering for you and future members as it is for me.

Thank you and Happy Holidays, Cheryl Gerdes



Cheryl Gerdes, Ladies of Vaughan Committee Chair

Autonomic Dysreflexia

Autonomic dysreflexia, also known as hyperreflexia, means an over-activity of the autonomic Nervous System causing an abrupt inset of excessively high blood pressure. Persons at risk for this problem generally have injury levels above T-5. Autonomic dysreflexia can develop suddenly and is potentially life threatening and is considered a medical emergency. If not treated promptly and correctly, it may lead to seizures, stroke, and even death.

AD occurs when an irritating stimulus is introduced to the body below the level of spinal cord injury, such as an overfull bladder. The stimulus sends nerve impulses to the spinal cord, where they travel upward until they are blocked by the lesion at the level of injury. Since the impulses cannot reach the brain, a reflex is activated that increases activity of the sympathetic portion of the autonomic nervous system. This results in spasms and a narrowing of the blood vessels, which causes a rise in the blood pressure.



Causes:

There can be many stimuli that cause autonomic dysreflexia. Anything that would have been painful, uncomfortable, or physically irritating before the injury may cause autonomic dysreflexia after the injury. The most common cause seems to be overfilling of the bladder. This could be due to a blockage in the urinary drainage device, bladder infection (cystitis), inadequate bladder emptying, bladder spasms, or possibly stones in the bladder. The second most common cause is a bowel that is full of stool or gas. Any stimulus to the rectum, such as digital stimulation, can trigger a reaction, leading to autonomic dysreflexia. Other causes included skin irritations, wounds, pressure sores, burns, broken bones, pregnancy, ingrown toenails, appendicitis, and other medical complications. In general, noxious stimuli (irritants, things which would ordinarily cause pain) to areas of body below the level of spinal injury. Things to consider include:

Bladder (most common) - from over stretch or irritation of bladder wall; Urinary tract infection; Urinary retention; Blocked catheter; Overfilled collection bag; Non-compliance with intermittent catheterization program.

Bowel - over distention or irritation; Constipation/impaction; Distention during bowel program (digital stimulation); Hemorrhoids or anal fissures; Infection or irritation (e.g., Appendicitis).

Skin-related Disorders - Any direct irritant below the level of injury (e.g., prolonged pressure by object in shoe or chair, cut, abrasion or bruise); Pressure sores (decubitus ulcer); Ingrown toenails; Burns (e.g., sunburn, burns from using hot water); Tight or restrictive clothing or pressure to skin from sitting on wrinkled clothing.

Sexual Activity - Over stimulation during sexual activity (stimuli to the pelvic region which ordinarily be painful if sensation were present); Menstrual cramps; Labor and delivery.

Other - Heterotopic ossification (Myositis ossifications, heterotopic bones); Acute abdominal conditions (gastric ulcer, colitis, peritonitis); Skeletal fractures.

Treatment:

Treatment must be initiated quickly to prevent complications. Remain is a sitting position but do a pressure release immediately. You may transfer yourself to bed, but always keep your head elevated. Since a full bladder is the most common cause, check the urinary drainage system. If you have a Foley or suprapubic catheter, check the following: Is your drainage full? Is there a kink in the tubing? Is the drainage bag at a higher level than your bladder? Is the catheter plugged? After correcting an obvious problem, and if your catheter is not draining within 2–3 minutes, your catheter must be changed immediately. If you do not have a Foley or suprapubic catheter, perform a catheterization, and empty your bladder.

If your bladder has not triggered the episode of autonomic dysreflexia, the cause may be your Bowel. Perform digital stimulation and empty your bowel. If you are performing digital stimulation when the symptoms first appear, stop the procedure and resume after the symptoms subside.

If your bladder or bowel are not the cause, check to see if: You have a pressure sore; If you have an ingrown toenail; or if you have a fractured bone.

For More information on Autonomic Dysreflexia please visit the Autonomic Dysreflexia blog post on Vaughanpva.org.

Treasurer Report

The following is a brief testimony of why I feel the Paralyzed Veterans of America Is an nonprofit organization worthy of its membership and the support of the general public.

I was injured in 1964 paralyze from the neck down injury level C5, C6, and C7. Fast forward, the 1980s was the first time I was treated in a VA hospital. On my hospital first visit I met a Paralyzed Veterans of American Service Officer. That day my whole life changed; already with an undergrad degree, in business administration major in accounting and working on an MBA degree in finance and computer resource management. I was introduced to the Paralyzed Veterans of America and began volunteering my service as a member along with participating in various activities provided to membership.

To learn more about Gerald's story click visit: Vaughanpva.org/officer-bios

LIFE ENJOYMENT FUND

Voting MEMBERS!

Attend a sport or recreational event such as a ball game, dinner, theatre and send in the receipt with an expense report then tell us how accessible the facility was such as parking and entrance or bathroom and counters, and if you recommend the place pointing out any problems, you'd like us to address, if needed, and get fully reimbursed up to \$150.00 per year.

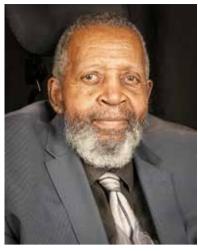
Yes, that's correct refunded up to \$150.00 per year!

You can use the funds to cover the travel, lodging and food (NO alcohol) or event ticket/s. if you use a partial amount of the \$150.00; the remainder is available until the fiscal year ends! Call us now for ANY question/s! We're serious, so try us! Can you believe only a few members use this fund every year? Neither can I, so let's let the cat out of the bag and go do something with our precious summertime and great weather while it lasts! (Fiscal year 10/1/2021 to 9/30/2022).

EXPERIENCE:

Director of Fiscal
Management 1978-2001
Comprehensive Mental
Health of St. Clair County
East St. Lois, II
Internal Auditor1976-1978
Gary Methodist Hospital
Gary, IN.

Grant Coordinator1975-1976 Air Pollution Control Division – City of Gary Gary, IN



Gerald L. Brown, Treasurer

EDUCATION:

Bachelors of Science, Business Administration/Accounting-Indiana University, Gary IN

Dual MBA, Computer Resource Management/Finance-Webster University, St. Louis MO

Military Experience Honorable Discharge, United State Marine Corps, corporal E4

VOLUNTEER SEVICE

Currently Treasurer, Vaughan Chapter PVA
Pass National Director and Treasurer, Gateway Chapter PVA

We are looking for this new year, F.Y. 2023, to be outstanding and working to have new members volunteer and participate. This year's budget equals \$530,436.

All members or entitled to participate in all activities as the chapter will fund their participation at a level equal to \$3,000 annually. In addition, all members are allowed an annual lifetime enjoyment stipend of \$150 to go to dinner, take the wife out to a movie, purchase a bowling ball, attend a baseball game, or do anything else they've been reluctant to do, but bills come first.

High-level quads need caregivers to accompany them; we also provide a stipend to pay their caregiver. However, our success and ability to increase benefits to the membership depend on your participation. We need members who have never participated in our sports or annual events and membership meetings to be active.

Respectfully submitted,

Gerald L Brown, Treasurer VPVA

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Contact us today to find out if you are eligible to receive an Indego exoskeleton at no cost.

Phone: 844-846-3346

Email: support.indego@parker.com



PROUDLY DESIGNED

Vaughan Chapter 2023 Calendar of Events

MAY 26-28

Vaughan Shooting Sports Tournament

MAY 27

Chicago Memorial Day Parade Wreath Laying Ceremony 11:00 a.m. Parade begins at noon

JUNE 10

VPVA Busse Woods one day Fishing Derby Busse Woods Forest Preserve, Elk Grove Village IL FREE Lunch 10 a.m. - 3 p.m.

JUNE 23-25

Abilities Expo. Free Admission.
Renaissance Schaumburg Convention
Center

Friday & Saturday 11 a.m. – 5 p.m. and Sunday 11 a.m. – 4 p.m.

TBD

Vaughan Boccia Tournament

JULY 4-9

41st National Veterans
Wheelchair Games Portland, OR
https://wheelchairgames.org/

SEPTEMBER 9

VPVA Annual Picnic. RSVP to the Chapter office. Invitation to follow

OCTOBER 7-9

Vaughan Bass Tournament

DECEMBER 16

VPVA Annual Christmas Luncheon - RSVP chapter office. Invitation to follow.

CONTACT INFO

Chapter email address: vpva@vaugahanpva.org Sports Director keithc@vaughanpva.org Maria Hernandez mhernandez@vaughanpva.org (800) 727-2234

PVA VETERANS CAREER PROGRAM UPDATE

Veterans Helping Veterans



In February 2022, Walter Sullivan, nicknamed Sully, approached Rodney Lee, an Employment Analyst at the Veterans Career Program (VCP), six months before retiring from the Marine Corps. They hit it off immediately, discussing career possibilities and civilian life after military service.

Sully's impressive military career spanned over 21 years, with multiple deployments and campaigns under his belt. Retiring on November 1, 2022, as a First Sergeant and Battalion Sergeant Major, Sully had a 100% service-connected disability and was uncertain about his next steps. He explored various options in security management, risk mitigation, logistics management, and senior operations management, even attending a skill-bridge program.

Rodney and Sully worked together to review career opportunities with VCP company partners, developed his resume, and emphasized the importance of networking on LinkedIn. While other industries presented lucrative opportunities, Sully felt compelled to work in veteran career services, something he had been passionate about as a senior leader throughout his military career. Rodney recognized Sully's servant leadership and shared his passion for helping the military/veteran community.

Sully pursued his new purpose, focusing on roles involving veteran talent placement, veteran support, and veteran resource management. Although there were challenges, the VCP supported him, and Sully remained optimistic. Eventually, Sully secured an interview with Work For Warriors and landed the position of Veteran Staffing Consultant. He officially started his new career on April 3, 2023.

IMPACT + OPPORTUNITIES

March 2023

21 Client Placements

- 17 Paid Employment
- 2 Education/Training
- 2 Volunteer
 - 16 Veterans
 - 2 Active Duty
 - · 3 Military Family Members
 - 2 PVA Members
- The average salary for the 14 clients placed in fulltime employment was \$63,653; and the average income for the 3 clients placed in part-time work was \$18,867.

Sully shared the following sentiments regarding PVA's Veterans Career Program:

Dear Rodney Lee,

I hope this message finds you well. I am writing to express my deep gratitude for your assistance in helping me secure a job in the veteran support-related industry.

Your expertise and guidance throughout the job search process were invaluable, and I truly appreciate the time and effort you put into helping me find the perfect opportunity. Your insights into the industry, as well as your knowledge of the job market, were instrumental in my successful job search. Thanks to your support and encouragement, I was able to land a position that aligns perfectly with my skills and interests. I am excited to begin this new chapter in my career and am confident that I will thrive in this role.

Once again, thank you for your unwavering support and guidance. I could not have done this without you and the PVA's Veterans Career Program, and I am truly grateful for all that you and your organization have done for me.

Sincerely, Walter Ray Sullivan "Sully"



PVA.org/find-support/veterans-career-program

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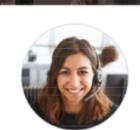


For nearly 50 years Rollx Vans has been providing Veterans Nationwide the safest most convenient way to purchase a wheelchair accessible vehicle.

We take great pride in serving those who served our country.



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SKILLED STAFF
TO ASSIST YOU



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HOME DELIVERY



ENJOY YOUR FREEDOM 100% SATISFACTION GUARANTEE!

Veterans get up to \$3000 off the purchase of your Rollx Van!
Call 800-956-6668 or visit us at rollxvans.com



Join Us

Vaughan Chapter



FOR THE FOLLOWING EVENTS

May 26 -28, Vaughan Shooting Sports Tournament

May 27 Chicago Memorial Day Parade Wreath Laying Ceremony 11:00 a.m. Parade begins at noon

June 10 VPVA Busse Woods one day Fishing Derby Busse Woods Forest Preserve, Elk Grove Village IL FREE Lunch 10 a.m. – 3 p.m.

July 4 to 9 41st National Veterans Wheelchair Games Portland, OR