



November 2024

THE WHEEL

HELLO, VAUGHAN CHAPTER MEMBERSHIP,

From the Executive Director's desk,

As you read in the last newsletter edition of 2024, and with only one month to conclude a year full of outings, sports, and recreational events, I want to thank all the volunteers for assisting the Chapter in the areas most needed. A huge and grateful thank you to all the donors for contributing with a monetary donation to the Vaughan Chapter mission and continuing to accomplish the eight mandated programs for Vaughan Chapter members



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As we prepare to start 2025, I assure you that Keith Cooper, Sports Director, will keep you active and busy in 2025. Communications Director Ryan Dolton does an extraordinary job updating the website calendar and sending updates through social media routes to keep you updated and informed on everything available. I encourage you to view all the photos that Ryan took during all the outings in 2024 and plan to join us in 2025 and be part of all the exciting events Keith has planned for you https://www.flickr.com/photos/196737350@N06/albums/ You may also find some of these photos on this newsletter.

If you voted in the recent election, here are the results from the election. President Anthony Powell received fifty-seven votes, Robert Arciola thirty votes, and Vice-President Chery Gerdes eighty-six votes. The term to serve is for two years. Congratulations to the newly elected President and Vice President, and thank you all for your voice and vote.

Continue on pg. 3

Vaughan PVA Members Call Us on your Birthday for a FREE Gift to You on behalf of Vaughan Chapter PVA. (800) 727-2234

2024 Bi-Monthly Membership Meetings

Vaughan Chapter's goal this year is to reach out to every member in the surrounding areas; for this to happen, we will conduct in-person membership meetings near you. We will still have a few meetings in the Multipurpose Room at the Hines VA Hospital, Spinal Cord Injury Building #128, and in different areas of the Hines VA. As usual, the Chapter office will send reminders for the upcoming meetings; please mark your calendar for the 2024 membership meetings to attend in person; we are excited to see you there. All membership meetings offer FREE lunch and now door prizes.

Your attendance and feedback at these membership meetings are paramount to our chapter's continued success and our ability to serve 'you' the member, on a more meaningful level. Please take a look at the meeting dates below to see when the next membership meetings will take place.

Meeting Dates:

Wednesday, November 27th





Photos captured at a VPVA. Membership Meeting

Chapter Officers

Anthony Powell, Acting President Vice President, Cheryl Gerdes Dennis Scanlan, Secretary Gerald Brown, Treasurer

Chapter Board of Directors

Daniel James, Leo Moore, Susan Dochterman

National Chapter Liaison National DirectorKen NessGerald BrownHospital Coordinator Government RelationsDennis ScanlanRobert Statem

Staff

Executive Director Maria Hernandez Sports Director Keith Cooper Fundraising Director Keith Cooper Communications Director Ryan Dalton

Office Assistant Edward Millar

Service Officers

Winston Woodard, III Hines PVA SCI 708-202-5623 Whitney Brown Chicago PVA VARO 312-980-4278

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The Wheel is published four times a year by the Vaughan Chapter Paralyzed Veterans of America, 2235 Enterprise Drive, Suite 3501 Westchester, IL 60154 in the interest of Chapter members. Membership in Vaughan PVA entitles you to a free subscription to the Wheel. Postmaster: send changes of address to Vaughan PVA, 2235 Enterprise Drive, Suite 3501 Westchester, IL 60154

EXECUTIVE DIRECTOR'S REPORT

Cover Story Continued from page 1

The Vaughan Chapter office will be moving to the next building from where we are now. It is in the same complex but with a different building and suite number, so the phone number and website will remain the same. Our new chapter address will be 2225 Enterprise Drive, Suite #2502, in Westchester, IL. We hope to be in the new office on December 1st. The office will be closed for business for one week to get everything in place. We will send out a communication to let you know the exact office closing date.

Our next and last event for 2024 is the annual Christmas Luncheon. It will start at noon on Saturday, December 14th at Hines VA Hospital Auditorium Building #9. Invitations will follow via email and regular mail; please check your emails and mailbox daily for the invite; everyone needs to RSVP with the office to attend. Do not miss your luncheon; mark your calendar and join us for great food, entertainment, prizes, and your photo with Santa Claus.

A recap of a few of the benefits you get as a member of the Vaughan Chapter is as follows:

A cash birthday gift to Vaughan voting members; you must call us on your birthday. Also, the life enjoyment fund available to voting members for up to \$200 per fiscal year (10/1 - 9/30); also available is the 3k annual sponsorship grant for voting members, which allows you to participate in any Vaughan sporting and recreation event with NO volunteer hours required for this fiscal year. Non-voting associate members receive \$1,000 a year. Both amounts include fees paid to your approved attendant.

IMPORTANT: Please call our office to update your contact information. Whether you have moved or acquired a new phone number or email address, your updated contact information is crucial for us to keep you informed about all the Chapter's activities. This way, you will not miss any important updates or events. I encourage you to utilize social networks, including our website, www.vaughanpva.org, Facebook, Instagram, and Twitter. Please check your inbox emails to stay updated about recreational sports activities, events, and outings.

Thank You for letting me serve you,

Maria Hernandez Executive Director



PRESIDENT'S REPORT

Hello fellow veterans,

Let's talk about the state of Residential Care Facilities. In my opinion, there is currently a critical divide between our Veteran's physical needs and their mental and emotional needs being met. A few months back, I was hospitalized in our local RCF facility for an ongoing injury. At first, I was a bit worried about being admitted to our local RCF as I did not want my stay in a care facility to be a long one, as the goal of many patients who sustain injuries is to make their stay at care facilities as short as possible. I was relieved that my stay out was nothing but pleasant as all the staff at our RCF were kind and professional and took great care of their patients.

However, as time passed, I noticed the truth behind my situation. I perceived I was in a place with minimal engagement opportunities. I could not work my mind as much as my body; as I realized this, I also started to notice the state of my fellow residents, some often staring at walls or blankly at the TV. Some watched those coming and going from the RCF facility, almost as if wishing they were them. With nothing to engage their minds, it seemed the residents fell into a slump with no hopes of self-improvement. I fear that if I stay longer than I want, I will start to slip, too.

Along with VA opportunities, the Vaughan Chapter of PVA encourages participation and invites these participants through peer interactions to help fellow veterans out of their slumps. Vaughan Chapter PVA offers day trip opportunities for RCF residents. With safe, accessible transportation and top-notch programming, we fish and attend ball games and picnics to help improve our quality of life.

I hope we can continue to work together to find solutions, and I am thankful for the Vaughan Chapter of PVA.

Sincerely, Anthony Powell -President

Vaughan Chapter, Paralyzed Veterans of America





Anthony Powell Paralyzed Veterans of America Vaughan Chapter President

Notice to Vaughan Chapter members.

Vaughan Chapter members please call our office at 708-947- 9790 or send us an email message to vpva@vaughanpva.org with your current mailing address and phone numbers and email address to receive all the Vaughan chapter's benefits and valuable information we provide.

If we contact you and your phone is disconnected, and you do not have an email address where you can receive the communications, you will miss out on what Vaughan has to offer for you. Please let us know your accurate contact information as soon as possible.

SPORTS AND RECREATION

Keith Cooper Director of Sports and Recreation

Hello, sports and recreation enthusiasts. Please check out our Flickr page for the latest events and great accompanying photos. I recently completed the Guitar for Vets 10-week acoustic guitar course at the Hines VA. Did you know they provide an acoustic guitar at the end if you complete the course? What an awesome program. I was extremely pleased that they could pick up on my current playing experience and get me to the next level of playing and understanding of music theory. Please contact your primary physician for a recreation consult.



Keith Cooper finishing guitars 4 vets classes

GUITARS 4 VETS

Learn more at https://guitars4vets.org/

Vaughan Completed its last fishing event with No Limits Fishing on September 28th at the Northerly Island Visitors Center. There is nothing like fishing on Lake Michigan. Attention Bass fishing enthusiasts: National PVA will host a tournament stop at Rend Lake on May 2-4, 2024. Please find out more information and register here https://pva.org/adaptive-sports/bass-tournament-series/





Sports and Recreation

On October 19th, the Vaughan Chapter partnered with Fisher House on the Hines VA Campus to host a "for fun" poker tournament.

Within the fierce competition, there might have been some interservice rivalry. Who do you think came out on top? Fisher House graciously hosts SCI patients for their annual Dr. visits. If you're interested in finding out if you are eligible to take advantage of the Fisher House overnight stays, please contact House Manager Holly Wright, LSW, at 708-202-7154 or email Holly.Wright@va.gov.



Vaughan Chapter PVA is excited to restart curling practices leading to the 2025 Mixed Wheelchair Doubles National Championships hosted at Windy City Curling Club. Please see the flyer on the following page FOR ALL THE DETAILS.

After overcoming the damage from a fire above their facility, Windy City Curling is pleased to host an Open House for the community.

Please join them on Saturday, November 16th, from 4:00-8:00 pm. Show up whenever you want; their volunteer members will guide you through the event. You can even try the great sport of curling for FREE -- no prior experience needed!

In addition, Open House guests can check out our revamped facility while talking with people in the curling community about the fun and great times we had at Windy City Curling. If you have as much fun at this Open House as we know you'll have, you can sign up for 'Learn to Curl' classes right on the spot. Are you feeling adventurous? Then jump right into our Rookies League and start your curling journey immediately! We'll provide some light snacks for all our guests, and our cash bar will also be available for drink purchases.



If you register and commit to participating in an event, it's very important that you attend. Most sports and recreation activities have limited space for participation, and when individuals drop out at the last moment, it is hard to get someone else to replace their spot. It costs the chapter money and inhabits the participation of others. Thank you.

Keith Cooper, Sports Director KeithC@VaughanPVA.org

2025 Wheelchair Mixed Doubles National Championship



January 9-12th 2025 Registration Closes December 6th 2024 at 11:59PM CST



Mixed Doubles:

The Mixed Doubles are hosted by Windy City Curling and Supported By Vaughan PVA

VPVA Curling Practice Dates:

•	÷	11/19 5-7PM
•		11/26 1-3PM

- 12/3 5-7 PM
- 12/10 1-3 PM
- 12/17 5-7PM



Location: 146 Roosevelt Rd., Villa Park, IL 60181

Register Here





For More Information:

Contact PVA Vaughan Chapter Sports Director Keith Cooper Email: KeithC@VaughanPVA.org

Communications Report

November Communications Recap

Hello, members. Ryan Dalton, the Communications Director for the Paralyzed Veterans of America Vaughan Chapter, here. The Fall of 2024 has been packed with many incredible events. I would like to take a moment to thank all of our incredible volunteers who help make the events we run possible. This seasons I had the pleasure of attending many more of the great events our chapter puts on. I particularly enjoyed my time at the Kane County Cougars game that we took our members too aswell as the 2024 VPVA Membership Picnic.

At the Kane County Cougars Game VPVA's very own Johnnie Baylark was recognized as the home town hero of the game, and Past President Josue Cordova and current National Vice President threw out the first pitch of the game. If you would like to see more coverage of the game Visit our Flickr page or click here

As always keep up to date with the latest Vaughan Chapter events and dates by visiting our website VaughanPVA.org or check out our social media pages:



@VAUGHANCHAPTERPVA



Membership Picnic

Every year i am always suprised by the sheer turnout of members of their families who turn out for this event. It is incredible to see so many Veterans gathered in one place to have a wonderful afternoon among friends and family. Thank you so much to all of the volunteers who help make this event possible and a special thank you to the executive director Maria Hernandez for always planning a fantastic event every year from the food to the live entertainment. It is always a great joy to see all the families and kids enjoying themselves on a warm afternoon ejoying games, live entertainment and authentic catered food.

Once again, I could not be prouder to be a part of this organization and will continue to do my best to represent and advocate for each of our members. I have had nothing but great experiences serving the PVA Vaughan Chapter community, and I only hope that those experiences will be able to continue in the future.

Be sure to check out the Wheel Page:





Check Out Our Recent Event Albums



The PVA Vaughan Chapter has an extensive backlog of all of its Wheel issues. If you would like to catch up on an issue you missed, or go back and reread past content be sure to visit: <u>https://vaughanpva.org/the-wheel/</u>







Photo taken at the **VPVA 2024** Membership Picnic



Photos from the 2024 VPVA Membership Picnic Outing













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Service Officer's Report

Adaptive Housing Grants

Veterans who require adaptations to their home to make it accessible to them probably have heard of grants the U.S. Department of Veterans Affairs has for qualifying veterans and service members. The grants being, Specially Adapted Housing or Special Home Adaptations (SAH/SHA), Home Improvements and Structural Alterations (HISA) Program, and Temporary Residence Adaptation (TRA). What veterans and service members may not be aware of is the Veteran Readiness & Employment (VR&E) Independent Living track.

VR&E Independent Living track is another adaptive-housing program option to improve accessibility in the home of a veteran or service member, if they meet all the requirements.



The three main requirements are: Having a serious employment handicap (SEH), and disabilities prevent looking for, or returning to work, and services are needed to live independently as possible. Some benefits of using the program are: referrals to support resources, evaluation of eligibility for the VR&E home adaptation grant, and assistance in understanding eligibility for the adaptive-housing programs.

How can a veteran or service member apply for VR&E benefits? There are a few ways to apply for VR&E benefits. The application can be completed and submitted directly online through the Department of Veterans Affairs website, or mail a completed VA Form 28-1900 to the Department of Veterans Affairs VR& E Intake Center. Another option is to work with a Veteran Service Organization (VSO) to apply for benefits. Visiting a local VA regional office in person is another method of applying to VR&E.

For veteran or service member awaiting a rating decision for service-connected disabilities the VA Form 28-0588 "Getting Ahead After You Get Out" can be submitted to the VR&E Intake Center. However, one of the following must apply: Applicant is being processed through a Physical Evaluation Board, expecting "other than honorable" discharge, have a VA memorandum rating of at least **20%**, applicant is in the Integrated Disability Evaluation System (IDES), or service member is submitting a Benefits Delivery at Discharge (BDD) claim within a **180-day to 90-day** window prior to discharge.

The veteran or service-member will then work with a Vocational Rehabilitation Counselor (VRC) to determine if the applicant as an employment handicap, and eligibility to VR&E benefits. When eligibility is established, a support-and-services track plan is chosen. The plan highlights rehabilitation and services VR&E will provide and resources to help find employment, along with living independently to the fullest.

One track to choose is "Reemployment with a former employer". Another option is "Rapid Access to Employment track.". This is best suited for those who want a job where their current skill set can be used. A VRC can assist in helping a person start a business through the Self-Employment track. The fourth option is the Independent Living track. Information is offered about services if a person is unable to return to work right away. Following the creation of a rehabilitation plan, counseling, job training, work-readiness support, and medical referrals will be available through a VRC.

Continue reading on Vaughan PVA NSO Blog

From The Treasurers Desk:

From the desk of your chapter treasurer a summary of the chapters FY 25 budgeted revenue and expenditures. Program expenditures include their prorated portion of general administrative costs.

FY 25 BUDGET Vaughan Chapter

Revenue		
Chapter Grant PVA	\$ 150,656.00	23.84%
Donations goods and service revenue	\$115,000.00	18.20%
Advocacy and legislation Grant	\$ 2,000.00	0.32%
Newsletter revenue	\$ 1,000.00	0.16%
Membership dues	\$ 200.00	0.03%
Troubleshoot grant	\$ 8,000.00	1.27%
Transfers in from portfolio	\$355,134.00	56.19%
Total revenues	\$631,990.00	100.00%

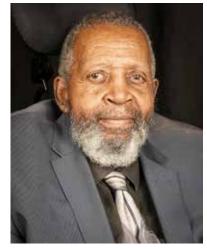
Expenditures		
Membership Expenses	\$ 119,925.00	18.98%
Government Relations Expenses	\$ 50,825.00	8.04%
Service Expenses	\$ 34,515.00	5.46%
Liaison Expenses	\$ 47,325.00	7.49%
Communication Expenses	\$ 102,525.00	16.22%
Sports and Recreation Expenses	\$ 169,615.00	26.84%
Fundraising Expenses	\$ 46,425.00	7.35%
Administration Expenses	\$ 30,835.00	4.88%
Research and Education	\$ 30,000.00	4.75%
TOTAL EXPENSES	\$631,990.00	100.00%

Let me begin by stating this year's data shows an increase membership awareness and participation. More than 25% of the members participated in this year's election for president and vice president.

As you will notice the majority of our funds or allocated to membership expenditures communication expenditures and sports and recreation expenditures. In my opinion we Need to continue to increase membership participation.

Communication expenditures approximately 16.22% of the budget support the newsletter, website, advertising and corporate solicitation. Also Publishers the calendar of chapter events read your newsletter stay informed.

Membership expenditures approximately 18.60% of the budget supports the chapters events, all listed in the chapters calendar and found either in the newsletter or on the website.



Gerald L. Brown, Treasurer

Sports and recreation expenditures approximately 26.84% of the chapter's budget supports the following,

A more detailed list of both sports and membership activities can be found in the newsletter and on the website. Let me close with this approximately 56% of our budgeted revenue comes from our portfolio we need your participation to continue to justify using our savings that way, so let's make FY 25 fiscal year an improvement over previous fiscal years.

Respectfully,

Gerald L Brown, Treasurer VPVA



Join Us for the Following Events!





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With Paralyzed Veterans of America's Veterans Career Program,

You Will:

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- Develop effective interview and communication skills so you are confident in interviews.
- Craft job search strategies to meet your employment goals.
- Create an effective LinkedIn profile.
- Identify and engage in networking opportunities.
- Build confidence in your career pursuits.
- And much more!

We Will:

- Provide one-on-one guidance to help you find meaningful employment, education and volunteer opportunities.
- Assess your current abilities, training, and experience and help you identify career goals.
- Guide you through development and enhancement of your resume and cover letter.
- Teach you how to build an effective LinkedIn profile page.
- Practice mock interviews to hone your skills before you interact with employers.
- Regularly communicate with you to track progress and identify other resources to assist in the job search process.
- Be a Partner for Life to assist you for the duration of your career.

🗰 Vaughanpva.org 👔 PVA

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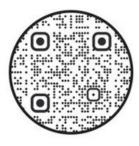
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September - November Member Birthdays:

The Vaughan Chapter would like this opportunity to celebrate all of our chapter members with September, October, and November birthdays, happy birthday to all!

October

<u>September</u>			•	Steve Aoyagi	•	Russel Newton
	Stanley Bell Bryan Bridgewater Linda Courtice Israel Sandoval Jay Cox Ronald Cramer Paul Dawkins James Donovan Anthony Favarulo Adam Ferrett James Gardener William Gill Scott Grosvenor Michael Hill Michael Horist Wade Hurt Thomas Jones	Charles Jordan Kenneth Kern Jon Lennox Ronald Miner Oscar Montenegro Edward Phillips Carty Ross Judith Ruiz Marc Schwartz Corey Shelton Gerald Williams Darryl Woods	• St • •	Hector Bruno Kevin Buchanan Steven Butts Mark Celeskey Usan Dochterman Larry DuBois Lawrence Egner Lynell Ghant Charles Harnish Michael Higgins Earl Hines Stephen Hutton Daniel James Robert Johnson		John Pavlak Ramon Perez Terry Rolfs Dennis Scanlan Joseph Scittine David Sinwelski Chris Steinberg Mitchell Towns Kaleb Wilson Craig Woodward Darrell Young John Jones Gregory Miller Keith Mulkey
		Ν	lo <u>vem</u> eber			
	 Brain Anderson Robert Arciola Kavin Ayala Derrick Ball Norman Bowens Michael Boyes George Bradford James Donovan Victor Chandler Rudolph Crusoe Phillip Eichelberger Juan Gonzales Eric Guidish Gary James Wilson James John Yeo 	 Rha Ke Be Pe Ja Da So Ca Ga Ric Dan Mic Ale: 	ilson James onda Jenot evin Link ernard McFarlan dro Medina ames Moore annie Mowen oloman Parker alvin Pendleton ry Pettus chard Reese iny Romeo hael Rozell x Scott ia Shannon	d	Mark Silver Scott Step Steven Stra James Trev	ek ang
		on to all members v into the chapter off				

receive your birthday check

Vaughan In Action

PVA Womens Retreat

This is my second time attending the retreat and the experience was amazing both times. Just to be among beautiful women veterans like me that have a story to tell about there journey and path that has brought life and a light to our life as a women in the military. When I joined PVA I didn't know what to expect but my busy life has brought some friendships that are ever lasting. In the military we travel around the world and meet people along the way that become friends for life and the retreat I have met friends for life that I can call and say I'm in your town . Thank you Vaughan Chapter for all you have done for me and the experience of your journeys .

Vaughan PVA Member Jmelba Cotton

It is always incredible to see the different programs that PVA has in place that brings the Veteran community together. The womens retreat is an especially important event that brings together Womens Veterans together a group that is often under represented. The women had a fantastic time enjoying themselves and bonding over the course of the PVA retreat.

We are glad that PVA continues to support Women Veterans by giving them their own platfrom and venue for community bonding. We certainly hope that it is an event they continue to run in the future so we can show our support for all women Veterans and their supporters just like they did when they chose to work for the sake of the American people in their different branches and roles of service.



Jmelba Dallas Cotton, 2024 Womens Empowerment Retreat



Thank You Our Women Veterans!





Photos Captured at the 2024 PVA Women's Empowerment Retreat





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We are taking reservations for **Thanksgiving Feast** coming up on **Thursday, November 28th, 2024** with **Turducken** and all the trimmings for only \$38 Adults and \$16 Children!

Make plans to Ring in the New Year with a complimentary Mimosa for everyone who makes a reservation on Wednesday, January 1st, 2025. Buffet prices and menu to be announced.





Join us for **Blue Tuesday** while in Season (Blueberry Pierogies, Blintz, Wine, Beer, and Sundaes)

Polish Taco Night* Second Tuesday of the Month from 5 p.m. to 8 p.m.



*Buy a drink from the bar and get a ticket for a Free Polish Taco



Let us handle your next Holiday Party or Family Dinner. Reservations required for parties of 8 or more. We also offer Catering & Delivery to bring our homemade cuisine right to you.

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Just give this ad to your server during your next meal at Sawa's Old Warsaw and get \$2 for up to 2 people off the regular buffet price for Lunch or Dinner. Offer good through Friday, February 28th, 2025. *No Cash Value. Limit one coupon per check. Cannot be combined with other offers.*

THANK YOU TO OUR DONORS!



Vaughan Chapter

Thank you all for finacially supporting our chapter, it is because of donors like you we can continue puttting on events and adaptive sports programs for our membership and SCI/D community to enjoy!









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Vaughan Chapter





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